

THE WEXNER FOUNDATION

THE LEADERSHIP OF TORAH

October 7, 2021 | Dr. Erica Brown | The Problem of Regret

Angie Atkins: Please don't be shy...turn your cameras on — it really helps all of us to focus and feel like a Torah community

Becca Thomas: Welcome! Thank you for joining us for our Torah of Leadership series. All participants will be muted during the call, but feel free to post any questions in the chat. Learn more about Dr. Erica Brown here: <https://gsehd.gwu.edu/directory/erica-brown>

Becca Thomas: Last week's leadership challenge: Discuss a leadership initiative that requires your evaluation right now and why

Becca Thomas: Dr. Brown's source sheet for today is accessible here:

https://www.wexnerfoundation.org/wp-content/uploads/10-7_Brown-Gen6-Regret.pdf

Angie Atkins: https://www.ted.com/talks/kathryn_schulz_don_t_regret_regret?language=en

Renee Hochberg: Roiling fear

Sheri Shapiro: darkness, struggle

Michael Neil: Dark, forboding, lack of brightness

Judy Oberlander: overpowering force of nature

Angie Atkins: Great observations from everyone in the chat

Esther Polland's iPad: looks like a lot of women

Sue BermanKress (she/her): Everyone is naked - exposed.

Robin M Kramer: awareness of so much loss

Jessica Semel: The angel in the bottom

Michelle Gavens: People not helping one another

Caryn Rosen Adelman: why did G-d blot out animals too if he regretted mankind

Caren Hammerman: What about regretting something we didn't do, but afterwards felt we should have?

Vanessa Ressler: I am struggling with this too Caren - I can think of choices I made that I regret but not a creation.

Josh Weinberg: I am struggling with it since so often the thing that was created was a good thing but then it just got mucked up in the execution and activation of it

Caryn Rosen Adelman: can you regret how you handled something but not the outcome

Craig Levine (he-him): I don't think this involves leadership per se, except perhaps to the extent that as one of the adults I am among the leaders of my family, but in any event I regret having recently created a feeling of shame in one of my kids about a mental health-related limitation of theirs, and was able, just barely, late in the day on Yom Kippur itself, to apologize to them.

Angie Atkins: @caryn — YES, I think so...because sometimes as a leader you have to be harsh or unilateral and you get the job done, but the human fall out is the regretful part...that's how it's played out for me

Angie Atkins: Dostoevsky said "Sarcasm is the last defense of a desperate man"...

Jessica Semel: Definitely Geoff.

Caryn Rosen Adelman: think and listen before speaking or make decisions

Josh Weinberg: I think being honest with yourself about not taking on something that you know you don't have time for but feel like u have to do

Jessica Semel: Asking for guidance from others.

Susie Sorkin: My first thought was pause as well.

Alan Brown: Yes for Caryn Adelman comment

Scott Stone: Accept that regret is a sign of empathy...not such a bad thing.

Beth Young (she/her): Stop to express gratitude to the team

Caryn Rosen Adelman: thinking about fire training..Stop Drop and Roll..can be applied here

Angie Atkins: A reminder all of these sessions are recorded and available with source sheets from our website under the leadership library...hope to see everyone next week!! Thank you Erica!! And thanks to all of you who also commented so richly in the chat